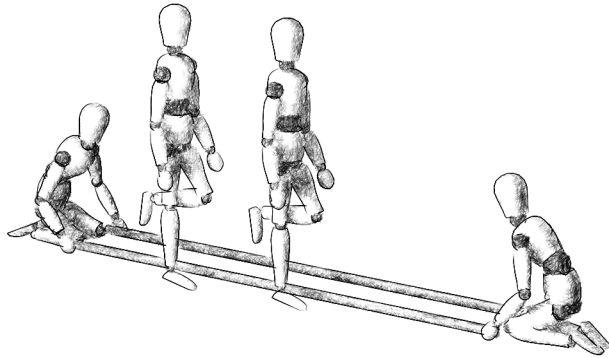
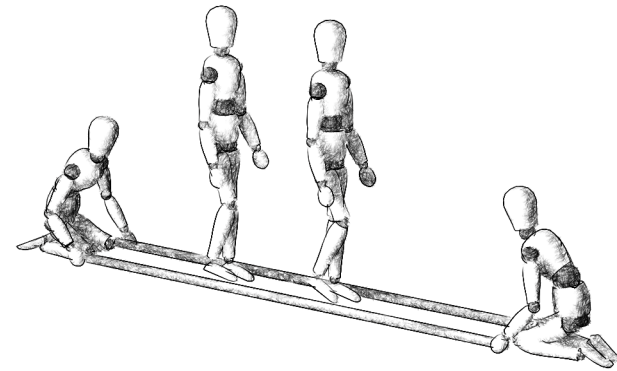


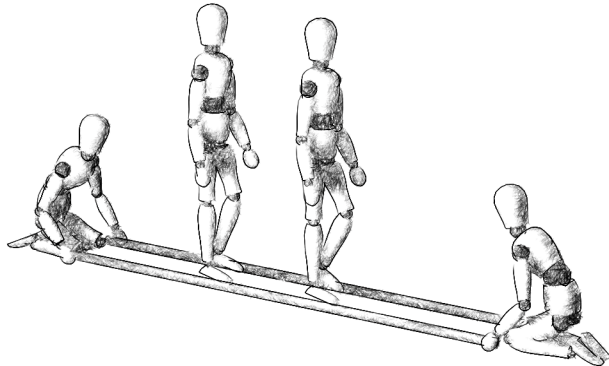
# Singles Tinikling Dance



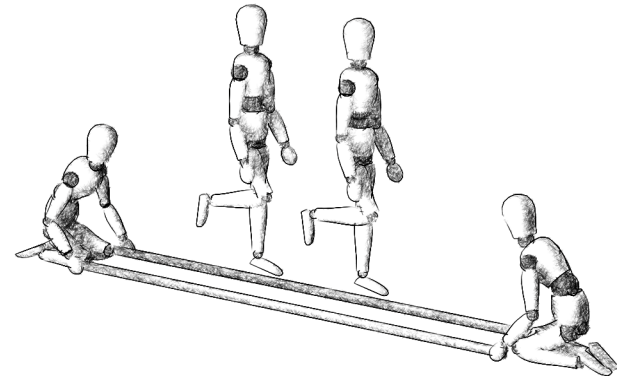
Do these steps outside the bamboo poles:  
1. Hop on your right foot  
2. Hop another time on the right foot.



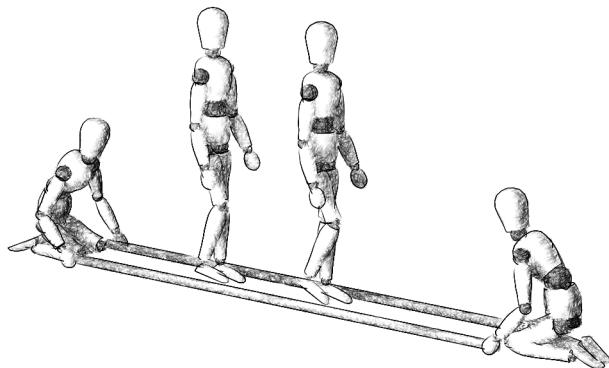
Perform this step between both poles.  
3. Step on the left foot



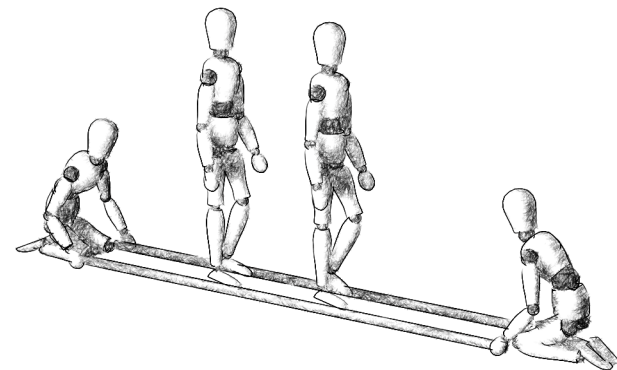
Perform this step between both poles.  
4. Step on the right foot



Do these steps on the outside of the poles:  
5. Hop on the left foot outside the poles.  
6. Hop again on the left foot outside the poles.



Perform this step between both poles.  
7. Step on the left foot



Perform this step between both poles.  
8. Step on the right foot