

Multiple Intelligences Worksheet

Complete each section by placing a number 1, 2, or 3 next to each statement which you think applies to you:

- If you think that the statement **STRONGLY** describes you, score it 3.
- If you think the statement **MOSTLY** describes you, score it 2.
- If you think the statement **SOMEWHAT** describes you, score it 1.
- If you think the statement does **NOT** describe you, then leave the space blank.
- Then, complete each section by adding up the total score.

Section One	
	I think I know a lot of words and/or enjoy learning new words.
	I remember things when I read or make notes.
	Telling or writing stories or poetry is pleasurable.
	I like to learn foreign languages.
	I find that I read for enjoyment most days.
	I am good at word puzzles such as crosswords and anagrams.
	Total score for section one

Section Two	
	One of my favorite classes at school is/was math.
	I can easily calculate sums in my head.
	Logic puzzles are fun and a strength of mine.
	I like to solve problems in a logical, step-by-step manner.
	I enjoy playing strategy games such as chess.
	I like to organize my things into logical categories.
	Total score for section two

Section Three	
	I like to sing or play a musical instrument.
	I cannot imagine a day going by without having listened to music.
	I pick up rhythms very easily.
	I know when a person or instrument is out of tune.
	I remember song tunes and lyrics easily.
	I prefer to watch a musical rather than a play.
	Total score for section three

Section Four	
	Art is one of my favorite classes.
	I have a good sense of direction and like map reading.
	Doing puzzles or construction-type toys is one of my hobbies.
	Fashion is something I notice and care about.
	I like to play videogames.
	I remember images and faces easily.
	Total score for section four

Section Five	
	Exercise is an important part of my life.
	I love playing physical games.
	I think I have good balance and coordination.
	Arts, crafts, and hands-on activities appeal to me.
	I enjoy watching sports games or seeing dancers perform.
	I would rather play a sport than read or study.
	Total score for section five

Section Six	
	I have a large group of friends and think that I am well liked.
	My friends come to me if they are upset.
	I would rather be with friends than be by myself.
	I work best in a group or team setting.
	I care about what is happening in the world.
	Meeting new people is fun for me.
	Total score for section six

Section Seven	
	I would rather work alone than as part of a group.
	I am good at formulating and analyzing my own theories.
	I enjoy writing my thoughts in a journal.
	Spending a lot of time playing computer or video games alone is fun for me.
	I have deep personal and moral beliefs.
	I am confident of my own abilities and work well without direction.
	Total score for section seven

Section Eight	
	I love playing with my pets or wish I had pets to play with.
	I love to spend a lot of time outside enjoying nature.
	When I grow up, I think I would like to work in a nature or animal related field.
	Protecting the environment by recycling, conserving water, or exploring alternative sources of energy, etc., are things I believe in.
	I enjoy gardening and have or would like to have flowers or vegetables to take care of.
	I enjoy visiting zoos, aquariums, and wildlife parks whenever I have time.
	Total score for section eight

Plot each score as a bar chart. Color in the blocks up to your total for each section. You should score between 0 and 18 for each section.



Make a note of your highest scoring intelligences. Now look at the "Results" section of the article to read all about your intelligence profiles, strengths, and learning styles.