lovetoknow
advice women can trust

12-18 Month Child Development Checklist for_____:

Physical

Milestone:	Date/Age:
❑ Stand on two feet without support	_____
❑ Sit by squatting from upright position	_____
❑ Crawl to far away object	
❑ Wave hand to signal “goodbye”	_____
❑ Clap hands together	
❑ Hold a crayon and make marks on paper	_____
❑ Point to desired object	_____
❑ Flip book pages without help	_____
❑ Push doors closed	_____
❑ Push a ball to roll it	_____
❑ Eat with a spoon without assistance	_____
❑ Use a cup with lid without spilling	_____
❑ Eat small, soft solids	_____
❑ Sleep all night at regular intervals	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____

Cognitive

Milestone:	Date/Age:
❑ Say up to 20 understandable words	_____
❑ Say greeting words like “hi”	_____
❑ Use own hands to engage in Peek-a-boo game	_____
❑ Seek items placed out of view	_____
❑ Identify illustrated images	_____
❑ Carry out one-step directives	_____
❑ Use varying tones to make noises	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____

Social and Emotional

Milestone:	Date/Age:
❑ Show concern when parents leave	_____
❑ Play alone for short periods	_____
❑ Likes hearing read-aloud stories	_____
❑ Copies actions of others	_____
❑ Likes putting on a show	_____
❑ Sustains eye contact during conversations	_____
❑ Likes the feeling of swinging	_____
❑ Use self-calming techniques when angry or sad	_____
❑ Able to fall asleep by self	_____
❑ Indicates feelings of fear at appropriate times	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____

18-24 Month Child Development Checklist for_____:

Physical

Milestone:	Date/Age:
❑ Runs without falling	_____
❑ Walk forward and backward	_____
❑ Use ride-on toys appropriately	_____
❑ Limited control of bladder and bowels	_____
❑ Help with undressing	_____
❑ Show objects by pointing	_____
❑ Drink by sucking from a straw	_____
❑ Keep food in mouth while eating	_____
❑ Fewer, shorter naps	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____

Cognitive

Milestone:	Date/Age:
❑ Talk with self	_____
❑ Sing familiar tunes	_____
❑ Show preference to specific toys	_____
❑ Identify body parts by pointing	_____
❑ Use good manner words, like "Thank you," at appropriate times	_____
❑ Follow directives with two related steps	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____

Social and Emotional

Milestone:	Date/Age:
❑ Indicates dislike using "no"	_____
❑ Prefers specific foods over others	_____
❑ Limited ability to share	_____
❑ Seeks immediate gratification	_____
❑ Shy toward strangers	_____
❑ Attempts independence with completing tasks	_____
❑ Plays make-believe	_____
❑ Show love/care through affection	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____

24-36 Month Child Development Checklist for_____:

Physical

Milestone:	Date/Age:
❑ Reach item on ground from standing	_____
❑ Uses all senses	_____
❑ Moves objects with push/pull movements	_____
❑ Moderate control of bladder and bowels	_____
❑ Able to open doors and drawers	_____
❑ Wears textured clothing without complaint	_____
❑ Feels sensations of the body	_____
❑ Eats on own using fork	_____
❑ Uses open cup with limited spills	_____
❑ Needs little help to dress	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____

Cognitive

Milestone:	Date/Age:
❑ Copies words spoken by others	_____
❑ Speaks in sentences with up to four words	_____
❑ Fifty percent of spoken words are understandable	_____
❑ Asks questions like “why”	_____
❑ Pauses before acting	_____
❑ Follows directives with two non-sequential commands	_____
❑ Separate objects based on shape and color	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____

Social and Emotional

Milestone:	Date/Age:
❑ Play next to others	_____
❑ Show frustration quickly	_____
❑ Enjoy physical affection often	_____
❑ Feels possessive of personal items	_____
❑ Engage in messy play without complaint	_____
❑ Readjust to schedule changes	_____
❑ Stay with alternate caregiver when primary is gone	_____
❑ Show signs of defiance	_____
❑ Exhibit different feelings and emotions	_____
❑ Decline foods based on personal taste	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____
❑ _____	_____