

The Hero in Me

Writer Instructions: Think of a situation in your life where you had the opportunity to stand up for someone else or help a person or animal in some way. Use the worksheet to describe the situation and your real reaction to it. This story should be anonymous, so don't write your name anywhere on the page.

Using first person point of view, describe a real-life scenario where you had the chance to be a hero:

How old were you when this happened? _____

Were you alone or were there others around? _____

If you chose to help the person/animal, what made you take action?

If you did not help the person/animal, why did you choose this reaction?

How did you feel after the situation was over?

Reader Instructions: Read the entire scenario then brainstorm other ways the writer could have reacted. Write one of these alternative reactions on a sticky note and place in the corresponding column below this page.

Positive Reactions

Negative Reactions