

Sample Parenting Skills Assessment

Parent Name: _____ Relationship: _____ Child Age: _____

Observer Name: _____ Title: _____ Date: _____

Reason for Assessment:

Observed Parenting Style: Uninvolved Permissive Authoritative Authoritarian

Use the following scale to rate the parent for each skill as it relates to observed interactions with their child.

1 = Not at all, 2 = Somewhat, 3 = Meets expectations, 4 = Exceeds expectations

Child Physical Needs:

Skill:	1	2	3	4	Comments
1. Keeps child bathed and clean					
2. Provides child with appropriate clothing					
3. Knows where child is at all times					
4. Provides healthy food for child					
5. Ensures child has adequate housing					
6. Discourages risky behaviors					
7. Attends to injuries effectively					
8. Physically expresses love for child					

Child Emotional Needs:

Skill:	1	2	3	4	Comments
1. Participates in self-care activities					
2. Verbally expresses love for child					
3. Engages in activities the child enjoys					
4. Encourages activities with peers					
5. Encourages extended family relationships					
6. Provides structure in daily life					
7. Offers reasonable consequences for problem behaviors					
8. Gives verbal affirmations or rewards for good behavior					

Signs of Abuse:

Sign:	1	2	3	4	Comments
1. Speaks negatively about child to others					
2. Uses power and intimidation to control behaviors					
3. Uses physical or corporal punishment techniques					
4. Criticizes child verbally					
5. Engages child in inappropriate sexual conversations					