

# Achy Breaky Heart

## Grapevine Right:

- Step to the right with your right foot
- Step your left foot behind your right foot
- Step to the right with your right foot
- Scuff your left heel to the left side of your right foot

## Grapevine Left:

- Step to the left with your left foot
- Step your right foot behind your left foot
- Step to the left with your left foot
- Scuff your right heel to the right side of your left foot

## Walk Forward:

- Step forward onto your right foot
- Bring your left foot up to your right knee, clapping your hands
- Step forward onto your left foot
- Bring your right foot up to your left knee, clapping your hands

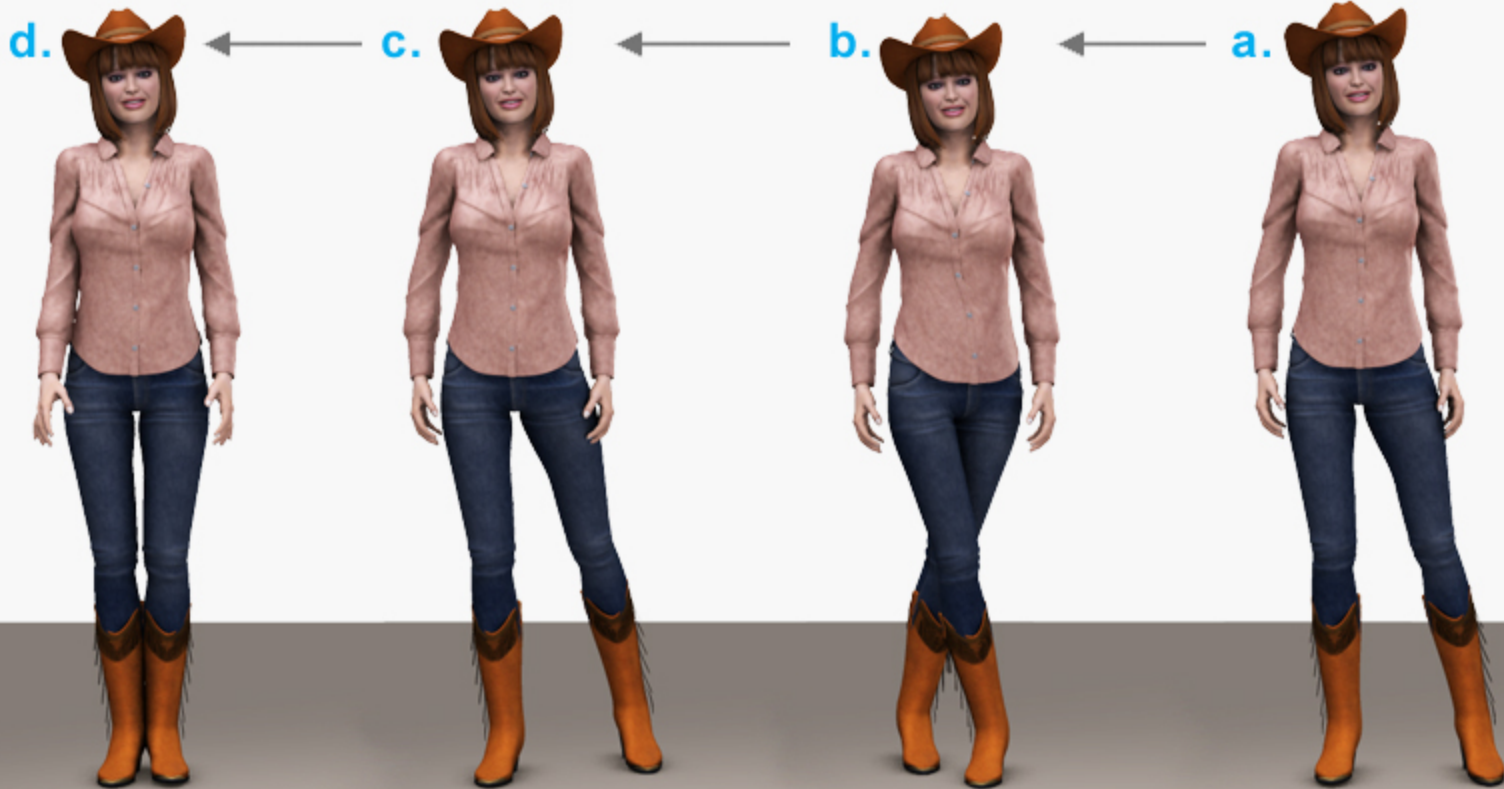
## Walk Backward:

- Step back on your right foot
- Step back on your left foot
- Step back on your right foot
- Touch your left foot down, but don't put your weight on it

## Hips and Turn:

- Step to the left side with your left foot, shaking your hips twice to the left
- Step to the right side with your right foot, shaking your hips twice to the right
- Step back onto your left foot, shaking your hips once to the left
- Step to your right foot, shake your hips once
- Step on your left foot, shake your hips once
- Do a quarter turn to the left, scuffing your right foot and then stepping onto your right foot to start the dance all over again (Grapevine Right) but facing another direction

## Grapevine Right



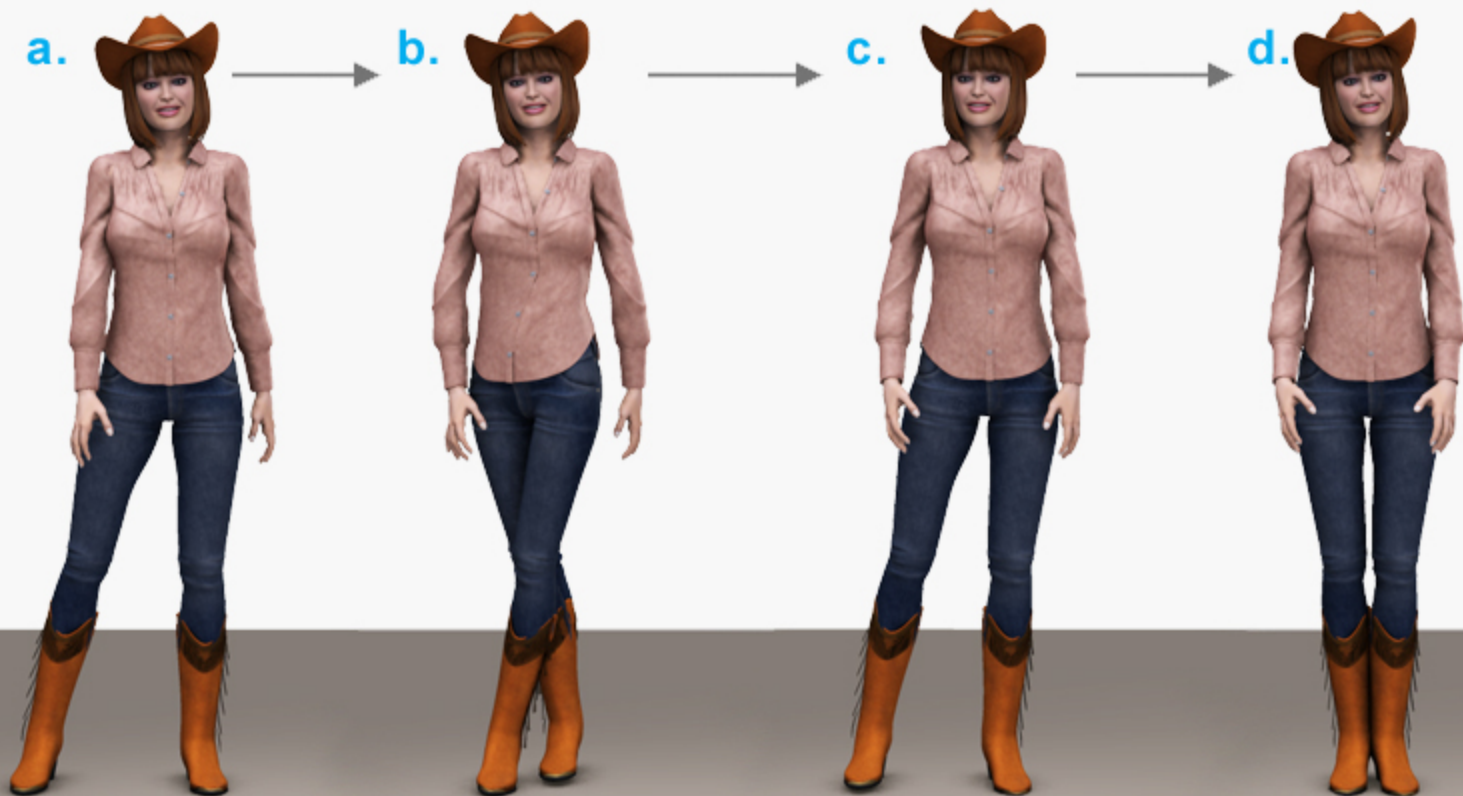
d. Scuff your left heel to the left side of your right foot

c. Step to the right with your right foot

b. Step your left foot behind your right foot

a. Step to the right with your right foot

## Grapevine Left



a. Step to the left with your left foot

b. Step your right foot behind your left foot

c. Step to the left with your left foot

d. Scuff your right heel to the right side of your left foot

## Walk Forward



Step forward onto your right foot



Bring your left foot up to your right knee, clapping your hands



Step forward onto your left foot



Bring your right foot up to your left knee, clapping your hands

## Walk Backward



Step back on your right foot



Step back on your left foot



Step back on your right foot



Touch your left foot down, but don't put your weight on it

# Hips and Turn



Step to the left side with your left foot, shaking your hips twice to the left



Step to the right side with your right foot, shaking your hips twice to the right



Step back onto your left foot, shaking your hips once to the left



Step on your right foot, shake your hips once



Step on your left foot, shake your hips once



Do a quarter turn to the left, scuffing your right foot and then stepping onto your right foot to start the dance all over again but facing another direction