

# Watermelon Crawl

- Dig your right toes into the floor to the right side
- Dig your right heel into the floor in front of you
- Step back on your right foot
- Step on your left foot
- Step on your right foot
  
- Dig your left toes into the floor to the left side
- Dig your left heel into the floor in front of you
- Step back on your left foot
- Step on your right foot
- Step on your left foot
  
- Step forward onto your right foot
- Tap your left foot in front of your right foot
- Step backward onto your left foot
- Tap your right foot behind your left foot
  
- Step forward onto your right foot
- Tap your left foot in front of your right foot
- Step backward onto your left foot
- Tap your right foot behind your left foot
  
- Step to the right side with your right foot
- Cross your left foot behind your right one
- Step to the right with your right foot
- Scuff your left heel on the left side of your right foot
  
- Step to the left side with your left foot
- Cross your right foot behind your left one
- Step to the left side with your left foot
- Scuff your right heel next to your left foot and rotate 90 degrees to the left
  
- Step diagonally to the right/forward with your right foot
- Clap your hands while bringing your left foot next to your right one
- Step diagonally to the left/backward with your left foot
- Clap your hands while you bring your right foot in next to your left one
  
- Swing your hips twice to the right
- Swing your hips twice to the left
- Step your right foot out in front of you, then turn, pivoting on your right and left toes, completing a 180 degree turn.
- Do another 180 pivot turn with the right foot and start the whole sequence from the top



Dig your right toes into the floor to the right side

Dig your right heel into the floor in front of you

Step back on your right foot

Step on your left foot

Step on your right foot



Dig your left toes into the floor to the left side

Dig your left heel into the floor in front of you

Step back on your left foot

Step on your right foot

Step on your left foot



Step forward onto your right foot



Tap your left foot in front of your right foot



Step back onto your left foot



Tap your right foot behind your left foot



Step forward onto your right foot



Tap your left foot in front of your right foot



Step backward onto your left foot



Tap your right foot behind your left foot



Scuff your left heel on the left side of your right foot

Step to the right with your right foot

Cross your left foot behind your right one

Step to the right side with your right foot



Step to the left side with your left foot

Cross your right foot behind your left one

Step to the left side with your left foot

Scuff your right heel next to your left foot and rotate 90 degrees to the left



Step diagonally to the right/forward with your right foot



Clap your hands while bringing your left foot next to your right one



Step diagonally to the left/backward with your left foot



Clap your hands while you bring your right foot in next to your left one



Swing your hips twice to the right



Swing your hips twice to the left



Step your right foot out in front of you, then turn, pivoting on your right and left toes, completing a 180 degree turn  
Do another 180 pivot turn with the right foot and start the whole sequence from the top

