# Earn Screen Time

LOVE to KNOW
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| Daily Task or Chore | Completed |
| --- | --- |
| Read for 15 minutes. | |
| Play outside for 30 minutes. | |
| Do something creative (coloring, playdough, a puzzle). | |
| Tidy up your room, put away your toys. | |
| Give the pet food and water. | |
| Show an act of kindness to someone in the family. | |

When all items on the list are completed, _____ has earned _____ of recreational screen time.

https://family.lovetoknow.com/parenting-tips-strategies-modern-world/simple-screen-time-chart-keep-kids-happy-healthy