



Bedroom Cleaning Checklist

Daily Room Cleaning Checklist

- Pick up dirty clothes
- Put trash in the basket
- Clean up clutter and tidy up
- Put away clean clothes
- Make bed

Weekly Room Cleaning Checklist

- Strip the bed
- Spot clean mattress and pillows
- Pick up and remove trash
- Take dirty clothes to the laundry room
- Declutter the room
- Put away clothes and organize
- Dust furniture, windowsills, frames, decorations, and curtains
- Clean mirrors and windows
- Vacuum or sweep floors
- Shake out rugs
- Spot clean carpets
- Dust fixtures and fans
- Sanitize door handles
- Make bed



Bedroom Cleaning Checklist

Seasonal Deep Cleaning Checklist

Bed

- Switch out blankets for weather
- Vacuum mattress
- Wash pillows
- Wash comforter and duvet cover
- Flip and spot clean mattresses
- Deodorize mattress with baking soda
- Remake bed

Declutter

- Declutter room
- Store seasonal clothing
- Set up an organization system
- Evaluate clothing that needs to be thrown away
- Organize and put away accessories
- Pull everything out from under the bed and evaluate

Dust & Clean

- Wash curtains
- Wash walls, fixtures, and steam furniture
- Polish wood furniture
- Wash doors
- Wash ceiling fans
- Check remotes and batteries
- Replace lights
- Throw away trash and unwanted clutter

Floors

- Sweep or vacuum
- Shake out rugs
- Clean stains on rugs
- Deep clean carpets or mop flooring
- Clean baseboards
- Wash vents