



Top Skills to Tackle Before Your Teen Leaves Home

Check a few of these items today and others over the next few months!

Home Skills

Contrary to popular belief, cooking isn't always common sense. Make sure your teen knows their way around a kitchen.

- Cooking Basics Lesson
 - Review Safe Minimum Internal Temperatures for Meats
 - Teach Egg Preparation Styles (Boiled, Scrambled, Fried)
 - Pasta & Rice Basics
 - Proper Fruit & Vegetable Prep
 - Knife Safety
- Laundry Basics Lesson
 - Sew a Button
 - Treat a Stain
 - Ironing Basics
- Toilet Repair Basics
 - Unclog a Toilet
 - How to Stop Water Flow
- Create a Home Maintenance To-Do List

Financial Skills

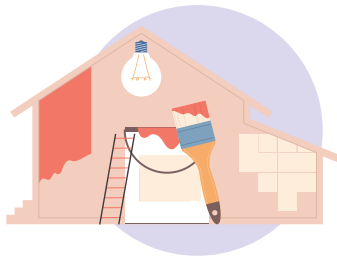
Check on your teens financial knowledge and ensure they know how to account for the upcoming changes that adulthood will bring!

- Make a Budget
- Review Bill Paying Basics
- Create a Bill Pay Schedule
- Review Tax Basics
- Internet Safety Lesson

Career Skills

Whether your teen plans to apply to a job, an internship, or a college program, it is imperative that they put their best foot forward. These skills will give them a leg up over the competition.

- Make Your Teen a Resume
- Gather Letters of Recommendation
- Buy Them a Professional Outfit
- Review Interview Basics



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Automotive Skills

Get your teen geared up for any obstacles they may find on the roadways!

- Teach Change a Tire
- Jumpstart a Car
 - How to Restart the Battery
 - Buy Jumper Cables or a Battery Charger
- Create a Car Maintenance Schedule
- Review Driving Basics
 - Parallel Parking Review
 - Winter Weather Safety
- Create an Emergency Kit for the Car
- Go Over Tire Basics
 - When to Replace
 - How/When to Check Tire Pressure

Safety Skills

Does your teen know what to do in an emergency, and better yet, how to avoid one all together?

- Review Fire Extinguisher Basics
- Talk About Safe Sex
- Sign Up for a CPR Class
- Sign Up for a Self Defense Class

Additional Skills

Think of anything else we forgot?
Add your extra tasks below!

- _____
- _____
- _____
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