

# Newborn Baby Checklist

## Essential Baby Supplies

Disposable diapers-For now, newborn sizes will be best. You'll have plenty of time to buy larger sizes later.

Diaper bag

Wipes

Ointment - Used to prevent diaper rash.

Cloth diapers - Even if you don't plan on using them, they are great to use as burp rags, etc. If you do plan on using them, you'll need two or three dozen, and you'll want the following supplies: diaper pail, waterproof diaper covers, and diaper pins or Velcro.

Lotion

Baby wash

Baby shampoo

Soft brush

Pacifiers - Purchase two or three different kinds. You'll baby will let you know what kind he prefers.

Bulb syringe - For suctioning out stuffy noses.

Alcohol - Used to clean around the umbilical cord. Ask your pediatrician what he or she recommends, however.

Vaseline - Used on a little boy's circumcision to help provide a barrier against moisture.

Nail clippers

Hooded baby towels - Two or three

Washcloths - Five or six

Receiving blankets - Great for swaddling baby.

## Baby Clothes

Don't get carried away purchasing those adorable, dressy outfits. Purchase the essentials in multiple amounts, then buy a few special outfits. Your baby will soon outgrow the newborn sizes, and you'll quickly need to buy larger items.

Onesies - Six to eight will get you started. Buy long and/or short-sleeved onesies depending upon the climate and the season.

Gowns - Six to eight gowns, and look for elastic hems.

Sleepers - Six to eight terry cloth sleepers will work for almost any season.

Socks - Six to eight pairs should do it.

Bibs -Purchase four to six of these.

Sweater/jacket/coat - Depending upon the weather, you may only need one or two.

Outfits-Just a few should do.

## **Feeding Supplies**

These may vary depending upon whether your baby is formula-fed or breastfed.

Bottles - Eight to ten

Nipples - Eight to ten

Thermal bottle carrier

Bottle brush

Formula

Nursing bras - Two or three

Lanolin - Used on mom's tender nipples if breastfeeding.

Breast pump

Breast pads

## **Other Necessities**

Other necessities include a variety of baby items, like the following:

Crib

Car seat

Stroller

Baby crib and mattress

Thermometer

## **More Useful Baby Products**

They may not be strictly necessary, but the following supplies and products are very useful for new parents.

- Bassinet or moses basket
- Changing table
- Car seat head support (especially for small babies)
- Umbrella stroller
- Portable tub
- Rocking chair
- Nursery Accessories
- Portable crib or play yard
- Feeding support pillow
- Diaper "genie" or other trash receptacle
- Infant Tylenol
- Nightlight or dim lamp

And, of course, as baby gets older, you will probably want to add more items including:

- High chair
- Baby swing and / or bouncer
- Portable booster seat
- Shopping cart seat cover
- Developmentally appropriate toys and books
- Play mats
- Baby appropriate plates, cups and utensils

**More:**